



# WHY INVEST?

A workplace injury prevention and wellness program is a valuable investment for your organisation. A healthy worker is likely to be more motivated, productive and take less sick leave. Research also shows that healthy workers are safer workers.

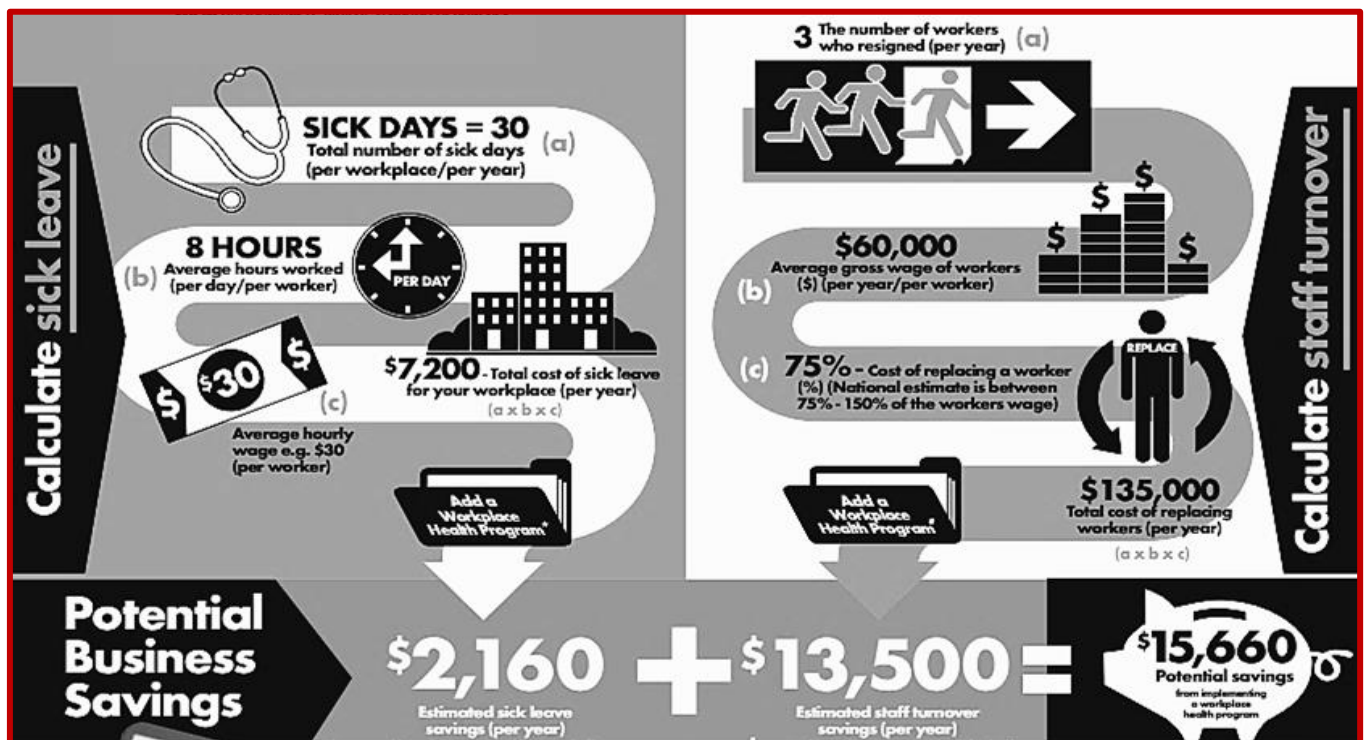
## The Benefits

- ✓ Reduce absence due to sickness.
- ✓ Create a positive work environment and workplace culture.
- ✓ Reduce the incidence of accidents or injuries.
- ✓ Reduce lost productivity due to smoking breaks and sick leave.
- ✓ Fewer occurrences of poor mental health and stress claims.

## Return on Investment

- \$ Healthy workers are 30% more productive than unhealthy workers.
- \$ Reduce absence due to sickness by 21%.
- \$ Increase productivity at work by 29%.
- \$ Improve overall worker health by 24%.
- \$ For every dollar invested in health over a three year period, the return on investment ranges from \$1.40 to \$4.70.

## The Bottom Line



Source: Healthier Workplace WA "The business case for workplace health & wellbeing" 2014

